



MUST COMPLETE IN FULL PRINT CLEARLY

NAME

EMAIL

PHONE - - DATE OF BIRTH - -

ADDRESS

CITY, STATE, ZIP

LIST ANY INJURIES OR ILLNESSES _____

OTHER CONTACT NAME & PHONE _____

Is this your **FIRST** Bikram Yoga CLASS? Yes No

Do you have a: YOGA MAT? 1/4" Yes No

LARGE TOWEL? Yes No

WATER? Yes No

No Late Admittance & No Early Dismissal.

Consult your physician prior to beginning any exercise or weight loss program.

All sales are FINAL

Discounts, Special Rates, & Offers cannot be combined, Terms & Pricing subject to Change
Class Packages are Non-Transferable, Non-REFUNDABLE, Non-Extendable; AND, cannot be MODIFIED

AS EASY AS 1, 2, 3! 1. Finish the class 2. Do your best 3. Smile & have FUN!

BYP is not responsible for lost or stolen items

Ask about the 30-minute courtesy rule.

Avoid perfumes and lotions.

Only WATER in yoga room.

Take your 2nd class within 24 hours.

No glass bottles, no phones, no shoes, no socks, and

No keys, no purses or wallets, no watches, and please no gum in yoga room.

By signing , the undersigned certifies

that he or she is at least 18 years old,

has read & understands the both sides of this form

the assumptions of Risk, Waiver & Release ("Waiver") set forth in the back of this page,

and everything else on this document,

and agrees to be legally bound by its terms and conditions,

and agrees to faithfully FOLLOW ALL instructions.

SIGNATURE _____

DATE _____